

COMMUNITY OUTING: All ages to compete in 16th edition

Gauntlet thrown down by sponsor

OCEAN SWIMS

CO-SPONSOR ANZ Bank is challenging businesses to get involved with the 16th Coffs Ocean Swims around The Jetty on Sunday, March 30.

"ANZ is proud to be associated with Village Sports in supporting the 600m swim," North Coast Region's Wayne Edwards said.

"Our team of swimmers will be led by small business specialist Chris Cook and we are keen to take on allcomers.

"I'm challenging all local business houses to get a team together and participate in the Coffs Ocean Swims.

"Staff from ANZ have been out training in the harbour after two of them participated in the BCU Coffs Tri earlier in the month and they are looking forward to completing just the one discipline this time."

Staff members from Coffs Harbour City Council have already taken up the challenge and have been spotted swimming during lunch breaks.

This year's ANZ 600m Jetty Swim starts a bit earlier than usual with an 8am start to allow for the running of the junior swims.



AT THE READY: Entries are filling fast for the Coffs Ocean Swims on March 30. PHOTO: ROB WRIGHT

The Beachside Radiology 2000m swim starts at 9.30am.

Event director Mick Maley said this is to encourage older swimmers to take part and cheer on the kids in the junior swims in between.

"The Coffs Ocean Swims are a great community event," he said.

"Last year we had a busload of students who came across from Armidale for the day, many of who were doing

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Wayne Edwards

their first ocean swim.

"We've also had a commit-

ment from a Nambucca teacher and his whole class of students who have decided to give the swims a go."

The annual ocean swims cater for the novice and the more competitive swimmer.

All profits are distributed to local charities and sporting clubs.

To enter and for further information, visit www.villagesports.com.au

Fun factor the big surfing incentive for rising Reedy

GROM OF THE WEEK

BIG waves hold no fear for Coffs Coast Advocate Grom of the Week, Wes Reedy.

"I like surfing because it's fun when you fall off," he said.

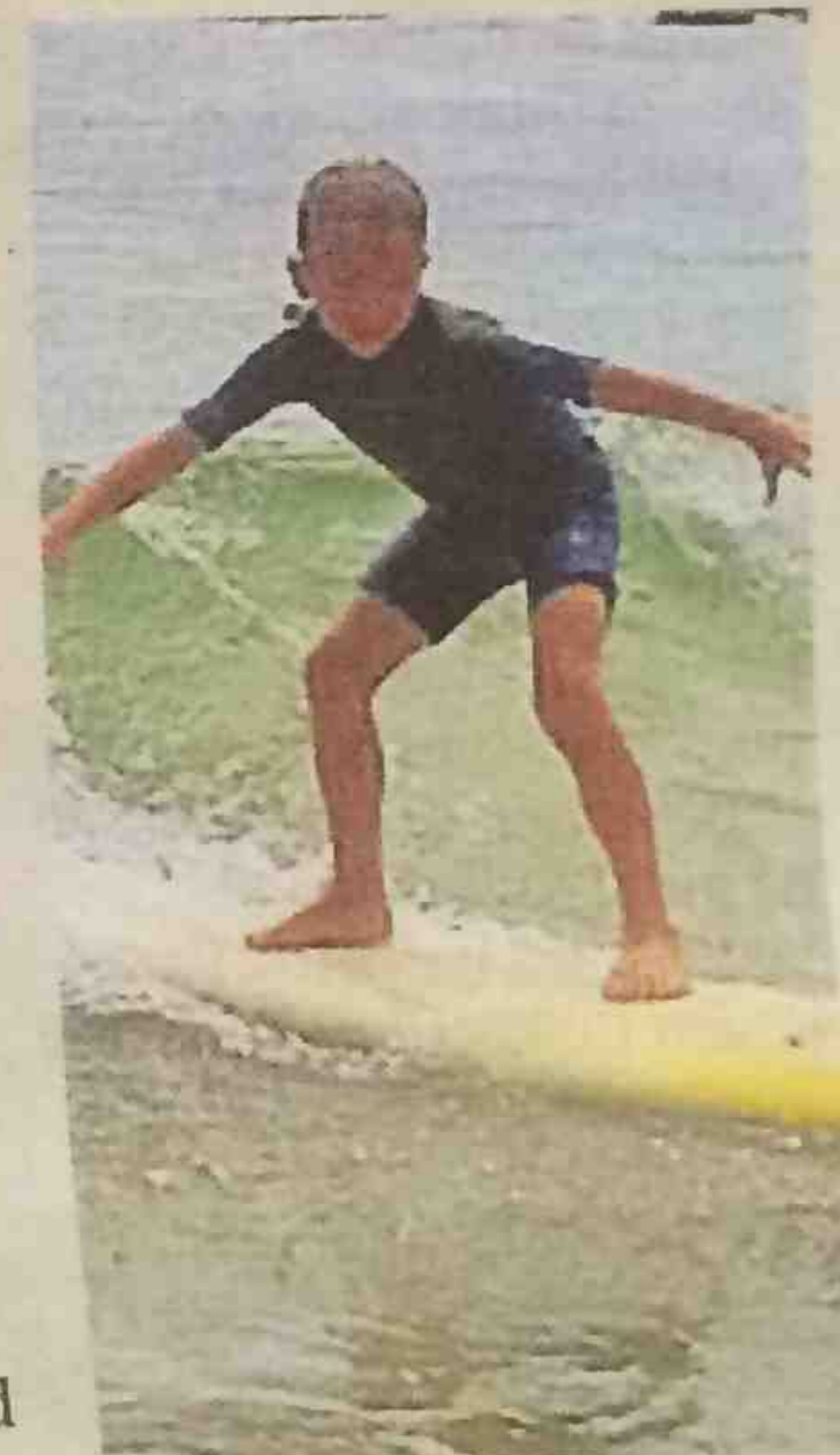
Wes, 6, wins a \$30 voucher from Coopers Surf Australia at Coffs Harbour Jetty.

If you'd like to be considered for our weekly prize, get mum or dad or one of your friends to take a picture of you at the beach and send it to sport@coffscoastadvocate.com.au.

They may like to take a snap while you are at nippers or enjoying surf groms lessons.

Add your name, age and contact details and make sure to include a little about why you love surfing.

Watch this space every week and don't forget to tell your friends. It's so easy



ON A ROLL: Grom of the Week Wes Reedy looks for waves at Woolgoolga.