

bcu Coffs Tri

What: Olympic-distance triathlon (1.5km/40km/10km)

Where: Coffs Harbour, NSW

When: 2 March, 2014

The bcu Coffs Tri, now in its second year of existence, has been built on some pretty solid foundations. While its inaugural running took place in less than ideal conditions – well, for spectators at least – the event looks sure to grow in coming years for a number of reasons. The city is blessed with the kind of geographical features that allow for a fast yet honest triathlon course. The swim takes place in a bay that is sheltered from open ocean swells

while the two-lap bike course has plenty of long, flat stretches that allow athletes to really open up. The four-lap run course hugs the coastline and includes a couple of trips to the end of a jetty and back. Coffs Harbour is also blessed with one of the best climates in the country, which makes this a great destination race to bring the family to. It is also a handy little hit-out before Ironman Melbourne, as last year's winner Anna Cleaver discovered.



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